AYURVEDA CONSULTANT

1308 La Salida Way Leesburg, Fla. 34748 352-301-3183

e-mail: the.ayurvedist@juno.com

1966, June Bachelor of Arts—Psychology

Pennsylvania State University, State College, Pa.

1977, March, Master of Arts—Economics

California State University—Hayward, Hayward, Ca.

1989, July Course Title: Self Pulse Diagnosis with Dr. Raju

Maharishi International University, Fairfield, Iowa

Course Length: 10 hours Theory and Practicum

1990, July & August Course Title: Science of Creative Intelligence

Maharishi International University, Fairfield, Iowa

Course Length: 60 hours Theory and Practicum

1991-1993, November Course Title: Master of Science in Ayurveda

Maharishi International Institute of Vedic Science, Cambridge, Mass

Dr. Deepak Chopra, President

Course Length: 580 hours Theory and Practicum

1993-1994 Panchakarma Technician's Training

Maharishi Ayurvedic Health Center—Lancaster, Mass

Estimated Actual Contact Hours--500

1994-1995 Course Title: Ayurvedic Studies Program

The Ayurvedic Institute, Albuquerque, NM

Course Length: 336 hours Theory and Practicum

1994-2001 Course Title: Gurukula Studies Program

The Ayurvedic Institute, Albuquerque, NM

Course Length: est. 1050 hours Theory and Practicum

1994-2001 Assorted Seminars

The Ayurvedic Institute, Albuquerque, NM

Course Length: 125 hours

1996, May-July, Course Title: Cranial Sacral Training--Basic Level

David Stebbing and Sudhir Borowyj Instructors, Santa Fe, NM

Course Length: 30 hours

1997 October-November, Course Title: Introduction to Pharmacognosy

National College of Phytotherapy, Albuquerque, NM

Course Length: 30 hours

2001 July 2-7 Vata Management – Sunil Joshi, BAMS; 36 hours

2001 August 19-25, Medical Botany for Pharmacists and the Medical Community, Humboldt Institute: 40 hours

2002 May 27-29 IFM Symposium on Disorders of the Brain: Emerging Therapies in Complex Neurologic and Psychiatric Conditions, May 27-29, 2002 21 hours

2003 September 4 – 7 Breitenbush Herbal Conference Breitenbush, Oregon 14.25 hours

2005 August AAPI Conference Integrative Medicine Orlando, FL 12 hours

2006 April 11-17 Prakrit Sthapana with Vd. Kant Mishra BAMS Naramata, BC Canada

Experience

- 1994- Present Private Clinical Practice as Ayurvedic Consultant California, Illinois, Florida, NM Estimated contact hours: 5000
- 1999 2004: Teacher of Ayurveda @ The Ayurvedic Institute, Albuquerque, NM
- 2001 2004 Teacher of Ayurvedic Herbology @ North American College of Botanical Medicine ABQ, NM $\,$
- 2001 Teacher at The East/West Institute of Alternative Medicine, Cambridge, Mass.; Ayurvedic Concept of Digestion/Nutrition; 8-Fold Assessment
- 2005 2006 Kerala Ayurveda Academy: Instructor various topics in various venues (WA, CA, NY)
- 1999- Present: Presenter at several seminars with topics: Ayurvedic Preparations, Identity and Purity Issues of Herbalism, Assessment via the Pulse, Diet & Lifestyle, Ayurvedic Herbology, Introduction to Ayurveda, etc.